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HAWKS CAY RESORT INTRODUCES NEW SERIES OF IMMERSIVE ACTIVITIES FOR FALL

DUCK KEY, Fla. – September 8, 2020 – [Hawks Cay Resort](#), a destination resort in the Florida Keys, will host a new series of themed weekend-long events designed to inspire, educate, and refresh. Scheduled to take place throughout the fall, each event will provide guests with an array of opportunities to enjoy safe, socially distanced activities with family and quarantine friends.

“We realized our guests are looking for opportunities to reconnect with nature, their friends, and themselves, so we have crafted these new unique activities as an easy and fun addition to a weekend getaway,” said Sheldon Suga, Hawks Cay Resort regional vice president and managing director.

The series kicks off September 19 and continues through the end of October with the following programs:

- *Fall into the Arts*: Taking place September 19 and 20, guests will be able to immerse themselves in various aspects of the arts including painting classes with local marine life artist BJ Royster, a culinary arts demonstration with the resort’s award-winning executive chef, and couples dance classes, just to name a few. Kids can also join in the fun with theatre and painting sessions. Some classes are complimentary, and others range in price from \$35 to \$40.
- *Balanced Body & Soul*: Hosted in partnership with Balanced Body & Soul, a Florida Keys-based health & wellness program, this three-day retreat will be one massive soul reset. Scheduled September 24-27, the program will include sessions on mindfulness, self-reflection, strength with yoga, diving meditation, and journaling, along with additional activities focused on revitalization. For more information about the program or to book, visit www.thebalancedbodyandsoul.com and use promo code: *BALANCE*. The full program is priced at \$539 or classes can be booked individually for a separate fee. Rates do not include accommodations or meals.
- *Fall Foodies*: Taking place on October 10, 26, and November 14, each weekend will feature a unique culinary theme and meal full of immersive experiences including a wine pairing, cigar pairing, and an interactive dinner show.
- *Environmental Education*: Hawks Cay will bring the classroom curriculum created by the Everglades Foundation to the resort with hands-on, interactive experiences for the entire family. Available every weekend starting October 3, through November 22, this program will include opportunities to learn about the Florida Everglades on a guided exploration through the mangroves, native flora and fauna with a lesson on their uses, and local nocturnal wildlife on a nighttime hike.

For more information about the exclusive events Hawks Cay will be hosting for guests this fall, visit <https://www.hawkscay.com/experience/fall-event-series> or call (888) 395-5539. Pricing for events will vary and can be booked directly at time of reservation.

About Hawks Cay Resort

A recipient of the prestigious AAA Four Diamond Award and a member of the Preferred Hotel Group Lifestyle Collection, Hawks Cay Resort is located on Duck Key in the Middle Florida Keys. Situated roughly halfway between Key Largo and Key West at mile marker 61, this 60-acre, tropical destination is easily accessible by car, boat or plane yet feels worlds away from everyday life. Alongside the aquamarine water of the Atlantic Ocean, guests enjoy offshore, flats and backcountry fishing; diving; kayaking and standup paddle-boarding programs; Cliff Drysdale tennis program, and the only resort-based Dolphin Connection program with complimentary daily viewings in the continental U.S. The resort boasts 177 guestrooms and 250 two- and three-bedroom villas, a full-service marina, six restaurants, saltwater lagoon, five swimming pools, kid and teen clubs and the award-winning Calm Waters Spa. For more information, please visit <https://www.hawkscay.com/>.

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