

Make lasting memories this Labor Day



Hawks Cay has family-friendly accommodations. (Hawks Cay)

By Janet Groene

I t's the traditional kick-off to autumn, a weekend for one last family-bonding binge before everyone lunges off into their own schedules of school, sports, meetings and careers. Fortunately for South Florida families, there are worlds of ways for parents and kids to have fun together for one last, weekend-long BFF moment. Here's just a sampling.

Harvest a Hero's Welcome

If Mom or Dad is in active or retired miliary, fire and rescue, law enforcement or medical personnel, you're in for a special honor. The annual Heroes Salute Tribute Weekend on Labor Day Weekend is for your family at Hawks Cay Resort, Villas and Marina in the Keys. Accommodations range from hotel rooms to fully equipped villas in a sprawling resort dotted with restaurants, a marina with fishing guides, swimming pools and things to do together.

The 60-acre resort offers tennis, paddleboarding, kayaking, fishing the flats and backcountry, dive excursions, Segway tours and the famous Dolphin Connection. Labor Day weekend will feature a Hero Tribute ceremony with fireworks, a 5K Run/Walk, an all-American barbecue, live music and a Touch-a-Truck event where kids get to sit in the driver's seat of big rigs.

 $\frac{http://www.sun-sentinel.com/features/south-florida-parenting/sfp-make-lasting-memories-this-labor-day-20150731-story.html$