

SIZZLIN' SUMMMER

Steals

ENJOY THESE SERVICES FOR ONLY **\$89***

CARIBBEAN GLOW FACIAL..... 50 minutes

This customized deep cleaning facial consists of an exfoliation, steaming, and cleansing of clogged pores.

THAI FOOT MASSAGE..... 50 minutes

Discover this unique healing art that combines gentle stretching, massage, and acupressure points providing an unforgettable experience.

COCONUT CREAM WRAP 50 minutes

Wrap yourself in organic coconut cream and let the moisturizing properties of coconut hydrate your skin to supple perfection.

ENJOY ONE OR MORE OF OUR 25 MINUTE SERVICES FOR JUST **\$49***

PRETTY BEACH FEET 25 minutes

This dry pedicure includes nail shaping, buffing, cuticle work, with a lotion application and polish to get your feet ready for the pool or beach.

JAZZY ISLAND FACIAL 25 minutes

Treat yourself to this express facial using natural botanical ingredients for a healthy, fresh glow.

SCALP MASSAGE 25 minutes

Release tension and find deep relaxation with his wonderful massage.

NECK, BACK AND SHOULDER

MASSAGE 25 minutes

Simple, yet effective techniques are used to ease tension in the head, neck, upper back and shoulders.

PEDISSAGE 25 minutes

Enjoy the relaxing effects of massage to comfort and pamper tired feet.

On the day of your service you are able to use our fitness facility. Also, please plan on spending some time in our wet area where you can enjoy a candlelit Jacuzzi, Eucalyptus steam room, and dry sauna.



HAWKS CAY®
ISLAND RESORT · MARINA · VILLAS

61 Hawks Cay Boulevard, Duck Key, FL 33050
1.888.443.6393 | T 305.743.7000
F 305.743.5215 | www.hawkscay.com

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*These services cannot be combined with any other offers. For the convenience of our guests, a 20% service charge will be added to all treatments in lieu of the therapist's gratuity. Please let us know if your plans should change within 4 hours of your scheduled service in order to avoid being charged for the full service fee.

MONDAY – THURSDAY ONLY. SPECIAL PRICING GOOD THROUGH AUGUST 23rd, 2010

For reservations call x1801 within the resort or dial 305-289-4810.

CATCH OF THE DAY

weekend exclusives
FRIDAY THROUGH SUNDAY

YOGA

9:00am Friday and Sunday
Free your mind, and find greater peace and calm through the practice of yoga. \$20
Fitness Studio

BEACH BODY BOOT CAMP

9:00am Saturday
Tired of the same old routine? Need a change of scenery? This is THE class! In the traditional method of real military boot camp training this class will be held in and around our beautiful resort.
..... \$20

Check In At The Spa

MELTDOWN

10:00am Saturday
Specifically designed to target those “trouble areas,” this workout is primarily mat-based with specific attention paid to the “core” or mid-section and glutes. \$20
Fitness Studio

We will be happy to open or customize a fitness class of your choice with a 3 person minimum.

PRIVATE CLASS

By appointment \$55/One hour
Each additional person \$20

PERSONAL TRAINING

Sign up for a free consultation with one of our personal trainers. One hour sessions \$55 or a series of 4 half hour sessions for just \$35 each!

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FIFTY OFF FRIDAY!

Indulge in the BEST of the BEST.
Receive \$50 off one or more of our Signature Experiences. Choose from *Key Lime Mojito, Swept Away, Flowing Currents, or Caviar Facial.*
Fridays only.

SMOOTH SUMMER SLIM

Slim and tone your body with our cutting-edge cellulite treatment and receive a complimentary scalp massage (a \$70 value).

KEY LIME SPA MANICURE AND PEDICURE

Sit back and relax with this refreshing service, which includes our signature foot and hand massage, guaranteed to melt away stress.
Complimentary Paraffin.

ISLAND TROPICS FACIAL

Escape to the serenity of the tropics using the purest and most potent natural island ingredients. Save \$30 off normal pricing plus receive a complimentary eye or lip treatment (A \$70 value.)

COUPLES MASSAGES

Make memories with a special someone by sharing the experience of true relaxation. Select 50 minute or more side-by-side massages of your choice and receive complimentary hot stones and aromatherapy! (A \$35 per person value.)



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